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| **SOFIA UNIVERSITY “ST. KLIMENT OHRIDSKI”** | | | | | | | |
| **DEPARTMENT OF SPORT** | | | | | | | |
| **SHEDULE** | | | | | | | |
| **Fitness for women** | | | | | | | |
| **Full-time lecturers: Chef. Assist. Marina Nedkova, PhD; Senior lecturer Tanya Gavrailova; Assist. Emil Ivanov** | | | | | | | |
| **Academic year 2025/2026 – winter semester** | | | | | | | |
| **Monday** |  | **10.00-11.30** | **11.30-13.00** | **13.00-14.30** |  |  |
|  | Marina Nedkova | Marina Nedkova | Emil Ivanov |  |  |
|  | **08:00-9:30** | **09.30-11.00** | **11.00-12.30** | **12.30-14.00** | **14.00-15.30** | **15.30-17.00** |
| **Tuesday** |  |  |  | Tanya Gavrailova | Tanya Gavrailova | Tanya Gavrailova |
|  |  |  |  |  |  |
| **Wednesday** | Cveti Doganova | Cveti Doganova | Cveti Doganova | Tanya Gavrailova | Tanya Gavrailova | Tanya Gavrailova |
| **Thursday** |  | Marina Nedkova | Marina Nedkova | Tanya Gavrailova | Tanya Gavrailova | Tanya Gavrailova |
| **Friday** | Cveti Doganova | Cveti Doganova | Cveti Doganova |  |  |  |
| Classes are held at: Student city, Gym, block 52  Reception hours:  Chef. Assist. Marina Nedkova PhD: Monday 8:30-9:30 - Student city, Gym, block 52  Wednesday 12:00-13:00 – Rectorate, office 120  Senior lecturer Tanya Gavrailova: Wednesday 11:00-12:00 – Rectorate, office 120  Thursday 11:30-12:30 - Student city, Gym, block 52  Assist. Emil Ivanov: Monday 12:00-13:00 - Student city, Gym, block 52  Wednesday 11:00-12:00 – Rectorate, office 120  Assist. Cvetanka Doganova: Wednesday 13.00-14.00 - Rectorate, office 120  Friday 12:00-13:00 – Student city, Gym, block 52    Director of the Department of Sport: Prof. Boryana Tumanova, PhD | | | | | | | |